



THE PERFECT STUFFING

VEGAN • GLUTEN FREE • SOY-FREE

A new twist on an old favorite. Brown rice and quinoa with all the classic ingredients that are used in a holiday stuffing.

INGREDIENTS: Brown Rice, Rice Crumbs, Lentils, Carrot, Portabella Mushrooms, Spinach, Quinoa, Raisins, Cranberries, Onion, Green Peppers, Red Peppers, Non-GMO Canola Oil, Brown Sugar, Balsamic Vinegar, Sea Salt, Dehydrated Apples, Natural Flavoring, Granulated Garlic, Spices

ALLERGENS: NONE

PREPARATION INSTRUCTIONS: Defrost before using. Product is fully cooked. Heat to minimum internal temperature of 165°.

CONVECTION OVEN: Grease pan with vegetable oil. Bake in a 375° pre-heated oven until internal temperature reaches 165°

Nutrition Facts			
Serving Size: 4oz (113.4g)			
Servings:1			
Amount Per Serving			
Calories	130	Calories from Fat 25	
% Daily Value			
Total Fat	3g	4%	
Saturated Fat	0g	1%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	270mg	11%	
Total Carbohydrate	24g	8%	
Dietary Fiber	3g	11%	
Sugars	8g		
Protein	3g		
Vitamin A 50%	•	Vitamin C 15%	
Calcium 2%	•	Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

CASE PACK: 4/4 lbs

CASE WEIGHT: 16 lbs

1005 Main Street • Pawtucket, Rhode Island 02860 • (401) 475-9991

Please visit our website www.jensandmarie.com for product ideas and additional information.